

CHILDREN, YOUTH, AND FAMILIES SERVICES DIRECTORY



COUNTY OF SAN DIEGO
BEHAVIORAL HEALTH SERVICES

The County of San Diego's Behavioral Health Services (BHS) Department offers a multitude of programming to support children, youth and families who would benefit from mental health or substance use treatment.

Scan the QR code to access the current Children, Youth, and Families Services Directory.

https://bit.ly/cyf_directories



SCAN HERE



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Overview

Access and Eligibility for Services

County of San Diego (County) funded behavioral health services are intended for children and youth who are either experiencing a behavioral health crisis (such as depression, suicidal thoughts, extreme anxiety, or substance use) or who require behavioral health services in order to function in school, at home, or in the community. Generally, services are available for Medi-Cal beneficiaries and low-income children and youth, up to age 21. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals can directly contact any of the resources listed in this directory. However, it should be noted that, in some cases, access to services is managed through specific procedures and may be designed for certain special populations. Where possible, this information has been included in this directory. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at (888) 724-7240.

Access to Language Services

Clients have a right to free language assistance in a language they understand. Clients shall be provided interpreter services as a part of their therapeutic services. However, clients have the option to use a family member or a friend as their interpreter. The client is not expected to provide their own interpreter. All Behavioral Health Services (BHS) programs have access to interpreter services.

Fees and Funding

Behavioral health services provided through the County are financed through Medi-Cal, the Mental Health Services Act (MHSA) transitioning to Behavioral Health Services Act (BHSA) on July 1, 2026, patient fees (when applicable), County-general funds, State funds, and specialized grants. In most instances, fees for services are fully covered for full scope Medi-Cal beneficiaries and unfunded individuals. When applicable, fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be considered in determining an individual's monthly payment. *No person who otherwise qualifies for services will be turned away.*

Organizational Providers and Fee for Service Network

Organizational providers serve children and youth through a network of comprehensive programming and multidisciplinary clinical teams. The Fee-for-Service network is comprised of individual practitioners who primarily offer office-based and/or telehealth services. Both networks can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240.

Medi-Cal Managed Care Plans

Medi-Cal Managed Care Health Plans cover behavioral health services for members who do not qualify for Medi-Cal Specialty Mental Health Services covered by the County. Each Medi-Cal Managed Care Health Plan has its own network of contracted behavioral health providers. Medi-Cal beneficiaries may contact their health plan directly.

Blue Shield CA Promise Health	Blueshieldca.com/promise	(855) 321-2211
Community Health Group	Chgsd.com	(800) 404-3332
Kaiser Permanente	KP.org	(877) 496-0450
Molina Healthcare	MolinaHealthcare.com	(888) 665-4621

Live Well San Diego

BHS supports the [Live Well San Diego](#) vision of Building Better Health, Living Safely, and Thriving. *Live Well San Diego*, developed by the County of San Diego, is a comprehensive, innovative regional vision that combines the efforts of internal and external County partners to help all residents be healthy, safe, and thriving. [Building Better Health](#) focuses on improving the health of residents and supporting healthy choices. [Living Safely](#) seeks to ensure residents are protected from crime and abuse, neighborhoods are safe, and communities are resilient to disasters and emergencies. [Thriving](#) focuses on promoting a region in which residents can enjoy the highest quality of life.

Resources

Listed resources have a connection to behavioral health services which encompass both mental health and substance use.
Most resources listed are through the County of San Diego, but some extend beyond.

County of San Diego

858-694-3900

www.sandiegocounty.gov

[Behavioral Health Services \(sandiegocounty.gov\)](http://www.sandiegocounty.gov/behavioralhealth)

Suicide and Crisis Lifeline: Dial “9-8-8”

[988 Suicide and Crisis Lifeline | Federal Communications Commission \(fcc.gov\)](https://www.fcc.gov/988)

San Diego Access and Crisis Line (ACL)

888-724-7240

<https://optumsandiego.com/content/sandiego/en/access---crisis-line.html>

Confidential and free of charge, the San Diego Access and Crisis Line (ACL) offers immediate support and resources from an experienced counselor 24 hours a day, 7 days a week on all behavioral health topics including: suicide prevention, crisis intervention, community resources, mental health referrals, alcohol, and drug support services, and more. Language interpreter services enable the ACL to assist in 150 languages within seconds.

Access - Customer Service Call Center

866-262-9881

www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/access.html

Serving residents, providers, and other government agencies with questions or needs related to Family Resource Center (FRC) programs and services, including providing case management services for existing FRC customers countywide. Access customer service representatives are experienced eligibility workers who are trained in CalWORKs, CalFresh, and Medi-Cal programs.

211 San Diego

Dial 2-1-1

www.211sandiego.org

Free, confidential phone service and online database for access to community, health, social, and disaster services, 24 hours a day, 7 days a week.

Optum San Diego

800-798-2254

www.optumsandiego.com

Optum San Diego is the **Administrative Services Organization (AS)** for the County of San Diego. Optum works to improve the services which are provided to the San Diego behavioral health community.

Drug Medi-Cal Organized Delivery System (DMC-ODS)

www.sandiegocounty.gov/dmc

Information for DMC-ODS providers.

It's Up 2 Us

www.Up2sd.org

The It's Up to Us campaign is designed to empower San Diegans to talk openly about mental illness, recognize symptoms, utilize local resources, and seek help.

Resources



<https://oscerjr.namisandiego.org/>
<https://alfredu.namisandiego.org/>

Local Mental Health Resource App for Youth hosted by NAMI San Diego

Youth Sector Resources

Brain XP

858-309-2177

www.brainxp.org

Brain XP training focuses on the journey of mental health challenges through the eyes of a young person who has experienced and overcome the stigma, especially on school campuses. Brain XP content takes place on-line where teens have access at their fingertips offering a comprehensive Teen Toolbox of Coping Skills

Patient Advocacy Program

619-282-1134 (local), 800-479-2233 (toll free)

www.jfssd.org

Provides patient advocacy and protection of a patient's rights when in a 24-hour inpatient or residential setting. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected. Parent organization: Jewish Family Service.

Consumer Center for Health Education and Advocacy (CCEA)

877-734-3258 (toll free), 877-735-2929 (TTY)

www.lassd.org

The Consumer Center for Health Education and Advocacy helps people access needed health care services from both government health coverage programs and private insurance plans and serve as the Cal MediConnect Service Ombudsman and county-designated Patients' Rights Advocate for outpatient specialty behavioral health services. Advocates can help with understanding: which coverage programs are available to be accessed, how to access needed services, treatments, and medications, and individual rights when a coverage or plan denies care or resolution of receipt of an inappropriate medical bill.



Live Well San Diego Youth Sector

[Youth Leadership \(livewellsd.org\)](http://livewellsd.org)

The *Live Well San Diego* Youth Sector creates youth-led opportunities for young people in San Diego County to build communities that are healthy, safe, and thriving. Participants in the Youth Sector are young leaders who advise, educate, and organize around youth needs in San Diego County.

First 5 San Diego

<https://first5sandiego.org>

1-888-5 FIRST 5 (1-888-534-7785)

First 5 San Diego (F5) supports the health and well-being of young children ages 0-5 during their most critical years of development by providing parents and caregivers with programs to promote children's optimal development and school readiness.

Resources

Human Trafficking and Commercial Sexual Exploitation of Children (CSEC)

[San Diego Human Trafficking and CSEC Advisory Council – Serving Human Trafficking Survivors \(htadvisorycouncil.org\)](https://htadvisorycouncil.org)



Soluna

[Soluna | California's Mental Health App for 13 - 25 year olds \(solunaapp.com\)](https://solunaapp.com)

Directing Change

<https://directingchange.org>

The Directing Change Program and Film Contest is a free and evaluated program that engages youth to learn about mental health, suicide prevention and other critical health and social justice topics through film and art.



BrightLife Kids

[BrightLife Kids - A CalHope Program by Brightline \(helloworldbrightline.com\)](https://helloworldbrightline.com)

On January 16, 2024, the California Department of Health Care Services (DHCS) launched two free online behavioral health services platforms that are available to all California families with children, youth, and young adults, and their caregivers, regardless of insurance coverage or immigration status. These web- and app-based platforms offer free one-on-one support with live coaches, a library of multimedia resources, wellness exercises, and peer communities moderated by trained behavioral health professionals. As part of this incredible milestone, this digital toolkit was created to help spread the word about these valuable behavioral health resources.



[You Are Never A Bother!](#)

Never a Bother is a campaign launched in 2024 by California Department of Public Health's Office of Suicide Prevention. The campaign aims to prevent suicide among teens and young adults in California.



[San Diego People's Opioid Instant Death](#)

The San Diego Opioid Project is dedicated to reducing the number of opioid overdoses each year by increasing the public's knowledge.



[Own Your Mindset San Diego | Strengthen Your Mental Health](#)

Made for teens, Own Your Mindset provides tips and resources to support mental health.

Talk It Out SD

[SDHSA | Talk It Out SD 988 Lifeline](#)

Provides a safe space and additional resources to support mental health.

Resources



CYBHI | Take Space to Pause

[CYBHI | Take Space to Pause](#)

California Department of Public Health (CDPH) launched Take Space to Pause, a statewide campaign made for teens and by teens that will focus on reducing self-stigma surrounding youth mental health challenges and promoting positive ways to seek help.



Live Beyond ACEs!

[Live Beyond ACEs!](#)

Learn about Adverse Childhood Experiences (ACEs) and toxic stress and find ways to start healing through Live Beyond ACEs!.



Mirror | Your Private Space to Self-Reflect

[Mirror | Your Private Space to Self-Reflect](#)

Mirror is a free mental health journaling app for your thoughts and feelings. Write it, film it, or record it – it's all safe and secure.



Teen Line | Teens Support hotline - Connect, talk, get help!

[Teen Line | Teens Support Hotline](#)

Teen Line is an anonymous, nonjudgmental space for youth. Through our hotline, teens can access personal peer-to-peer support from highly trained teens supervised by adult mental health professionals.

County of San Diego, Student Mental Health Resources

[Student Mental Health Resources](#)



Student Mental Health Resources is designed for students to access various virtual resources that focus on promoting wellness and support. Featured resources are free and can be accessed directly by students. Geared towards teens and young adults, the site offers an array of online as well as one on one interactive resources. In accordance with [SB 1063](#), student ID cards may contain the QR code that leads to the site.

Resources

County of San Diego, HHSA, Child and Family Well-Being (CFWB) Department

[Child and Family Well-Being \(sandiegocounty.gov\)](https://www.sandiegocounty.gov)

The Child and Family Well-Being (CFWB) Department integrates the [First 5 Commission](#) of San Diego and [Child Welfare Services](#), along with the childcare system and other essential resources for families, to reimagine prevention and protection services to create a partnership that shifts our traditional approach to child protection.

County of San Diego, Public Health Services

[Public Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov)

Public Health Services (PHS) works to promote health and improve quality of life by preventing disease, injury and disability, and by protecting against, and responding to, health threats and disasters. PHS consists of six programmatic branches including:

[California Children's Services](#)
[Epidemiology and Immunization Services](#)
[HIV, STD and Hepatitis Branch](#)

[Maternal, Child and Family Health Services](#)
[Public Health Preparedness and Response](#)
[Tuberculosis Control](#) and [Refugee Health](#)

San Diego Regional Center

[SDRC | San Diego Regional Center](#)

The San Diego Regional Center provides a variety of services to persons with developmental disabilities and their families. Services are based on the client's individual needs and intended to maximize their independence, full potential, and quality of life.

Any San Diego or Imperial County resident believed to have a developmental disability may apply for services. Eligibility is determined by the social, medical, and psychological information gathered during the intake process.

Commercial Insurance (non-Medi-Cal)

[California Senate Bill 855](#) – [Understanding SB 855](#)

The California Senate Bill 855 (SB 855), effective January 1, 2021, guarantees your right to timely, medically necessary treatment for mental health and substance use disorders. This law ensures that state-regulated health insurance plans cannot deny access to behavioral health care based on cost-saving policies or outdated criteria.

Resources - Pregnant and Early Parenting

Pregnancy, childbirth, and caring for an infant bring major life changes. They create great anticipation, joy, and excitement, and can be times of stress and uncertainty. For some new parents, education on parenting skills and support from healthcare professionals and peers can make a meaningful difference in their comfort level and confidence. Some new parents experience mental health challenges such as peripartum depression and anxiety and would benefit from connection to specialized treatment services. San Diego County offers outpatient and residential services for substance use disorder (SUD) treatment (see Perinatal Services section).

The following are some of the available resources through various entities including the County for pregnant and early parenting families. Additional resource recommendation can be forwarded to Janette.Magsanoc@sdcounty.ca.gov for future revision.

Program Name	Agency	Service	Eligibility	Address	Phone Number
Accessible Depression and Anxiety Peripartum Treatment (ADAPT) ADAPT – Vista Hill	Vista Hill Foundation	Services to pregnant women and adolescents and new mothers experiencing peripartum depression or anxiety.	Medi-Cal, Medi-Cal eligible and underinsured	6070 Mission Gorge Road San Diego, CA 92120	619-333-4250
Black Infant Health	Neighborhood House Association	Services to pregnant and postpartum Black or African American women to ensure healthy birth outcomes, 10-week prenatal and 10-week postpartum groups. - Prevention/education - Support - Screening/referral	- Self-identify as Black or African American woman. 16+ years of age or older - Pregnant or up to 6 months postpartum.	Black Infant Health – Neighborhood House Association	858-715-2642

Program Name	Agency	Service	Eligibility	Address	Phone Number
Family Health Centers of San Diego	Prenatal Support Services / Family Health Services San Diego	In addition to providing affordable, culturally competent medical care, the program educates, nurtures, and supports parents from conception to the months after birth through a multidisciplinary team of nutritionists, social workers, childbirth educators, and lactation educators. • Prevention/education • Support • Screening/referral	Medi-Cal, other health coverage, or sliding fee scale.	Prenatal Support Services Services and Programs (fhcsd.org)	For in-person visits, call 619-515-2428 or schedule a telehealth appointment at Telehealth Appointments Family Health Centers of San Diego (fhcsd.org)
First 5 First Steps - Home Visiting Program	First 5 San Diego	Family support program that connects parents-to-be with a trained professional to support them through the joys and uncertainties of parenting. Home based services that are customized based on family strengths, needs, and interests. • Prevention/education • Screening/referral	Families who have stressors or vulnerabilities must meet one or more of the following: ○ Low income ○ Pregnant/parenting teen ○ Immigrant/refugee ○ Military family	First 5 First Steps Home Visiting Program - First 5 San Diego	Central / North Central: 619-283-9624 East: 619-993-1005 North Coastal / North Inland: 760-739-3990 South: 619-816-8489
Global Communities Healthy Start	Global Communities	Free prenatal and childbirth education, and postpartum and breastfeeding support, with a focus on Black families and immigrants in San Diego County. Services are available in Somali, Haitian Creole, Spanish and French.	Pregnant, postpartum, or early parenting families	Healthy Start - Global Communities	858-227-7317
Kaiser Permanente Pregnancy and Parenthood Classes and Resources	Kaiser Permanente	Educational programs to connect with other parents and learn about pregnancy, labor, birth, breastfeeding, baby care, safety, and parenting	• Kaiser members • Some programs are open To non-Kaiser members	Classes & Resources San Diego Medical Center Kaiser Permanente	619-641-4194

Program Name	Agency	Service	Eligibility	Address	Phone Number
Public Health Home Visiting Program (previously MCH)	County of San Diego	Public health home visiting program that begins during any stage of pregnancy or early parenting. The length of service varies. Nurse home visitation services include support, health and parenting education, bonding issues, medical, and mental risks. • Prevention/education • Support • Screening/referral	Pregnant, postpartum, or early parenting families	Home Visiting Program (sandiegocounty.gov)	(858) 944-6500 or dial 2-1-1
Perinatal Care Network (PCN)	County of San Diego	Toll-free phone line that links families eligible for pregnancy-related Medi-Cal to care. PCN helps ensure that pregnant people obtain early and continuous prenatal care and other services needed during pregnancy.	Pregnant individuals	Perinatal Care Network (sandiegocounty.gov)	1-800-675-2229
Postpartum Health Alliance	Postpartum Health Alliance (PHA)	Raising awareness about Perinatal Mood and Anxiety Disorders (PMADs) and providing resources, support, and treatment referrals to San Diego parents. • Prevention/education • Support • Screening/referral	Not limited	http://www.postpartumhealthalliance.org/ https://www.instagram.com/postpartumhealthalliance/	Warm line: 619-254-0023 (Trained volunteers can provide support and referrals.)
Sharp Outpatient Pavilion – Postpartum Support Group	Sharp Mary Birch Hospital	Virtual postpartum support group providing education and support for women having “baby blues” symptoms, postpartum depression, and/or anxiety. • Support	New parents and their infants	Postpartum Support Group - Sharp Mary Birch Hospital for Women and Newborns - San Diego - Sharp HealthCare 3075 Health Center Drive San Diego, CA 92123	Tuesdays 9:30-11:00AM 858-939-4133

Provider Directories

Behavioral Health Services Provider Directory

[County of San Diego Provider Service Directory](#)

Specialty Mental Health Services and Drug Medi-Cal Organized Delivery System (DMC-ODS) are provided through the County of San Diego Mental Health Plan, which are separate from your physical health care. The Mental Health Plan is committed to providing quality mental health and DMC-ODS services to eligible adults, older adults, and children experiencing serious and persistent mental health problems and or substance use disorder issues. The County of San Diego Behavioral Health Services Provider Directory is a comprehensive guide to mental health and Drug Medi-Cal services across the county.

Fee-for-Service Network Directory

[Fee-For-Service Provider Directory \(optumsandiego.com\)](#)

Information for County of San Diego behavioral health providers. The County of San Diego Fee-for-Service (FFS) Network is a group of providers licensed independently to provide mental health treatment services in private practice to Medi-Cal beneficiaries. Optum Public Sector San Diego is the Administrative Services Organization that manages the FFS Network. The Fee for Service provider directory lists available providers and services offered by the County of San Diego through the network.

Regional SchoolLink Services Directory

[School-Based Services](#)

County of San Diego's Behavioral Health Services (BHS) in the Central and North Central, East, North Coastal, North Inland and South regions, inclusive of school-based support, as well as regional lists of outpatient clinics and countywide specialty programs.



The County Behavioral Health Services Department is interested in your input on how the directory can be improved. Are there any features and elements that would make it easier to use?

Please provide all input to Janette.Magsanoc@sdcounty.ca.gov

Crisis and Acute Care

Crisis services include emergency psychiatric care and crisis intervention counseling. Programs that serve children, youth and their families in crisis and are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources. Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision for individuals who are a danger to self, dangers to others or gravely disabled.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region(s) Served
Access and Crisis Line (ACL)	Optum San Diego Public Sector	Crisis Line Community Resources and Referrals	Home (optumsandiego.com)	(888) 724-7240	Tabatha Lang	Countywide
Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS)	Rady Children's Hospital of San Diego (Rady)	Inpatient	8001 Frost Street Nelson Pavilion San Diego, CA 92123	(858) 966-8337	Erin Murphy	Countywide
Aurora Behavioral Health Care /Inpatient	Aurora Behavioral Health Care San Diego	Inpatient	11878 Avenue of Industry San Diego, CA 92128	(858) 487-3200	Nilanie Ramos	Countywide
Crisis Action and Connection (CAC)	New Alternatives Inc. (NAI)	Outpatient	730 Medical Center Court Chula Vista, CA. 91911	(619) 591-5740	Kameka Smith	Countywide
Children and Youth Crisis Stabilization Unit	New Alternatives Inc. (NAI)	Crisis Stabilization	4309 Third Avenue San Diego, CA 92103	(619) 876-4502	Irene Dominguez	Countywide
Family Urgent Response System (FURS)	New Alternatives Inc. (NAI)	State Hotline Local Mobile Response Placement Stabilization	3589 4th Avenue San Diego, CA 92103	State Hotline: 1-833-939-3877	Sara Nunes (CFWB)	Countywide
Mobile Crisis Response Team (MCRT)	Telecare	Crisis Response	BHS MCRT (sandiegocounty.gov)	Access through ACL: (888) 724-7240	Kameka Smith	Countywide
Mobile Crisis Response Team (MCRT) North Pilot	Exodus Recovery	Crisis Response	BHS MCRT (sandiegocounty.gov)	Access through ACL: (888) 724-7240	Kameka Smith	North
Psychiatric Emergency Response Team (PERT)	Community Research Foundation (CRF)	Psychiatric Emergency Resource	1202 Morena Boulevard Suite 300 San Diego, CA 92110	911	Irene Dominguez	Countywide
Sharp Mesa Vista	Sharp Mesa Vista Hospital	Inpatient	Sharp Mesa Vista Hospital 7850 Vista Hill Avenue San Diego, CA 92123	(858) 836-8434	Nilanie Ramos	Countywide

Residential - Mental Health

Short-Term Residential Therapeutic Programs (STRTP)

STRTPs are licensed by the California Department of Social Services and are provided a Mental Health Program Approval by the California Department of Health Care Services (DHCS). STRTPs are residential facilities that provide an integrated program of specialized and intensive care and supervision, services and supports, specialty mental health services, and 24-hour care and supervision to children. Placing agencies primarily include Child and Family Well-Being Services (CFWB), Juvenile Probation, and Regional Centers.

Emergency Shelter - Polinsky Children's Center (PCC) Outpatient Services

A temporary shelter for children who have been placed in protective custody for their safety. Short-term treatment and crisis intervention services as well as support in transitioning to community-based mental health treatment after discharge.

Community Treatment Facility (CTF) / Psychiatric Health Facility (PHF)

Mental health services are available 24 hours a day, 7 days a week in a secure environment with oversight by DHCS.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Location
Amali House	Amali	STRTP 12 Behavioral Health Beds	553 Washington Street Spring Valley, CA 91977 432 Hotz Street Spring Valley, CA 91977	(619) 837-2072	Erin Murphy	Countywide	East
Casa de Amparo	Casa de Amparo	STRTP 25 Behavioral Health Beds	325 Buena Creek Road San Marcos, CA 92069	(760) 754-5500	Brenda Estrada	Countywide	North Coastal
Center for Positive Changes (CFPC)	Center for Positive Changes (CFPC)	STRTP 36 Behavioral Health Beds	3482 Saddle Drive Spring Valley, CA 91977 1144 Pyramid Street San Diego, CA 92114 1107 S. Mollison Avenue Spring Valley, CA 91977 9671 Kenora Lane Spring Valley, CA 91977 5104 Eliot Street Oceanside, CA 92057 5671 Churchward San Diego, CA 92114	(619) 660-3886	Erin Murphy	Countywide	East North Central

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Location
Fred Finch Dual Diagnosis	Fred Finch Youth Center (FFYC)	STRTP Dual Diagnosis 14 Behavioral Health Beds	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090	Brenda Estrada	Countywide	East
Foster Family Agency Stabilization Treatment (FFAST)	San Diego Center for Children (SDCC)	Outpatient Therapeutic Foster Care	2655 Camino Del Rio North, Suite 450 San Diego, CA 92018	(858) 633-4115	Autumn Gabin	Countywide	Central North Inland
			17701 San Pasqual Valley Road Escondido, CA 92025				
Kenora	New Alternatives Inc. (NAI)	STRTP 9 Behavioral Health Beds	3602 Kenora Drive Spring Valley, CA 91977	(619) 463-8875	Erin Murphy	Countywide	East
Milestone House	Milestone House		1816 Portofino Drive Oceanside, CA 92054	(760) 433-6361	Brenda Estrada	Countywide	North Coastal
NA South Campus	New Alternatives Inc. (NAI)	STRTP 16 Behavioral Health Beds	730 Medical Center Court Chula Vista, CA 91911	(619) 863-5819	Erin Murphy	Countywide	South
Polinsky Children's Center (PCC) Outpatient Services	New Alternatives Inc. (NAI)	Outpatient	9400 Ruffin Court San Diego, CA 92123	(858) 598-5035	Lorie Chen	Countywide	Central
Rite of Passage (ROP)	Rite of Passage Adolescent Treatment Centers and Schools, Inc.	STRTP 12 Behavioral Health Beds	17701 San Pasqual Valley Road Escondido, CA 92025	(760) 233-6000	Brenda Estrada	Countywide	North Inland
Star View Adolescent Center	Star View Adolescent Center Inc.	Community Treatment Facility (CTF) Psychiatric Health Facility (PHF)	4025 West 226th Street Torrance, CA 90505	(310) 373-4556	Augusto Eduvala	Out of County	Los Angeles County
Varsity Team	Varsity Team Inc.	STRTP 12 Behavioral Health Beds	8745 Bennington Street San Diego, CA 92126	(619) 694-6809	Brenda Estrada	Countywide	Central South
			3027 Fleming Drive San Diego, CA 92139				

Residential - Substance Use Disorder (SUD)

SUD Teen Residential: Provides non-medical, SUD treatment to adolescents aged 12-17 for approximately 90 days. For information, call 619-563-2700.

SUD Transitional Housing: Provides residential transitional housing to parents and their dependent children in an environment free of substance use upon completion of an SUD treatment program. The SUD Programs for Adults and Older Adults can be found at [Adult Programs](#) under Residential Treatment Services.

SUD Perinatal Residential: Non-medical residential substance use disorder (SUD) treatment, recovery and ancillary services for women who are pregnant or parenting. The SUD Programs for Women information can be found at: [Programs for Pregnant and Parenting Women \(Perinatal Programs\)](#) under Residential Treatment Services.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Location
Family Recovery Center (FRC)	Mental Health Systems Inc. (MHS)	SUD Perinatal Residential 55 Behavioral Health Beds	1100 Sportfisher Drive Oceanside, CA 92054	(760) 439-6702	Perla Arroyo-Morales	Countywide	North
Kiva	McAlister Institute for Treatment and Education (MITE)	SUD Perinatal Residential 86 Behavioral Health Beds	2049 Skyline Drive Lemon Grove, CA 91945	(619) 465-7303	Perla Arroyo-Morales	Countywide	East
North County Serenity House (NCSH)	HealthRIGHT 360 (HR360)	SUD Perinatal Residential 117 Behavioral Health Beds	1341 North Escondido Boulevard Escondido, CA 92026	(760) 747-1015	Perla Arroyo-Morales	Countywide	North

Outpatient Clinical Services - Inclusive of SchoolLink - Core

The following organizations operate various community-based clinics throughout the county as well as offering services at designated school site(s), known as SchoolLink. SchoolLink is partnership between the County and local school districts to provide behavioral health services at schools. Services can be provided during or outside of school hours, on campus or in a community setting, and are based on the student's and family's needs.

Day School services are provided to children and youth identified through an Individualized Education Program (IEP) or school district process as needing a Special Education Classroom setting or school environment to be successful in school. Services are intensive and flexible to meet the needs of the client and assist in transitioning into a less restrictive classroom setting. Services are embedded within existing school settings.

The Regional School Directory can be found at [Service Directories](#)

More information on SchoolLink can be found at [School-based Services/SchoolLink](#)

For SchoolLink Substance Use Disorder (SUD) specific resources, see Outpatient - Teen Recovery Centers (TRC) section.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
Central Outpatient Psychiatry	Rady Children's Hospital of San Diego (Rady)	Outpatient	3665 Kearny Villa Road, Suite 101 San Diego, CA 92123	(858) 966-5832 ext. 245751	Autumn Gabin	Central	San Diego Unified
Central-East-South (CES) School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient	3665 Kearny Villa Road Suite 101 San Diego, CA 92123	(858) 966-8459	Autumn Gabin	Central East	Grossmont Union High San Diego Unified Santee
Chap-IDEA-MERIT Wellness Center	Vista Hill Foundation (VHF)	Outpatient Day School Services	1600 North Cuyamaca Street El Cajon, CA 92020	(619) 956-0615	Lorie Chen	East	Grossmont Union High
Child and Adolescent Mental Health School Based Services	Union of Pan Asian Communities (UPAC)	Outpatient SUD Counselor	1031 25th Street Suite C San Diego, CA 92105 400 South Melrose Drive Suite 400 Vista, CA 92081	(619) 232-6454	Caryl Montillano	Central North Coastal	Oceanside Unified San Diego Unified Vista Unified
Community Circle Central and East School Based Services	Family Health Centers of San Diego Inc. (FHC)	Outpatient	2130 National Avenue San Diego, CA 92113 3845 Spring Drive Spring Valley, CA 91977	(619) 255-7876 (619) 255-7520	Emily Gaines	Central East	San Diego Unified La Mesa-Spring Valley

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
Cornerstone Central School Based Services	Pathways Community Services (PCS)	Outpatient	6244 El Cajon Boulevard Suite 14 San Diego, CA 92115	(619) 640-3266	Saskya Caicedo	Central	San Diego Unified
Crossroads School Based Services	Community Research Foundation (CRF)	Outpatient SUD Counselor	700 North Johnson Avenue Suite P El Cajon, CA 92020	(619) 441-1907	Saskya Caicedo	East	Jamul-Dulzura Union Mountain Empire Unified
Douglas Young Youth and Family Services School Based Services	Community Research Foundation (CRF)	Outpatient SUD Counselor	7917 Ostrow Street Suite A San Diego, CA 92111	(858) 300-8282	Saskya Caicedo	Central	San Diego Unified
East County Behavioral Health Clinic (ECBHC) School Based Services	San Diego Youth Services (SDYS)	Outpatient	1870 Cordell Court Suite 101 El Cajon, CA 92020	(619) 448-9700	Lorie Chen	East	Grossmont Union High Lakeside Union Santee School District
Family Wellness Center - East County Outpatient Program (ECOP) School Based Services	San Diego Center for Children (SDCC)	Outpatient	6386 Alvarado Court Suite 310 San Diego, CA 92120 2655 Camino Del Rio North, Suite 450 San Diego, CA 92108	(619) 668-6200	Lorie Chen	East	Grossmont Union High Lakeside Union La Mesa-Spring Valley Lemon Grove
Learning Assistance Center (LAC) Escondido and North Inland School Based Services	Vista Hill Foundation (VHF)	Outpatient	1029 North Broadway Escondido, CA 92026 1012 Main Street Suite 101 Ramona, CA 92065	(760) 489-4126 (760) 788-9724	Autumn Gabin	North Inland	Escondido Union Ramona Unified Spencer Valley Warner Unified Borrego Springs Unified Julian Union Julian Union High
Mental Health Resource Center School Based Services	San Diego Unified School District (SDUSD)	Outpatient	2351 Cardinal Lane Annex B San Diego, CA 92123 New Dawn and Riley Day School Services 5650 Mount Ackerly Drive San Diego, CA 92111 Marcy Day 4150 Ute Drive San Diego, CA 92117	(858) 573-2227 New Dawn (858) 302-3340 Riley Day (858) 302-3300 (858) 303-3320	Saskya Caicedo	Central	San Diego Unified

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
Mental Health Resource Center School Based Services	Sweetwater Union High School District (SUHSD)	Outpatient	1051 Picador Boulevard San Diego, CA 92154	(619) 662-8372	Emily Gaines	South	Sweetwater Unified
Mobile Adolescent Services Team (MAST) School Based Services	Community Research Foundation (CRF)	Outpatient	1260 Morena Boulevard Suite 200 San Diego, CA 92110	(619) 398-3261 Extension 108	Saskya Caicedo	Countywide	Altus Charter San Diego Unified SDCOE Momentum Learning (formerly Juvenile Court and Community Schools)
North Central Clinic School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient SUD Counselor	3665 Kearny Villa Road Suite 101 San Diego, CA 92123	(858) 966-5832 Extension 245751	Autumn Gabin	Central	San Diego Unified
North Central School Based Services	Mental Health Systems Inc. (MHS)	Outpatient	1011 Camino Del Rio South Suite 300 San Diego, CA 92108	(858) 278-3292	Emily Gaines	Central	San Diego Unified
North Coastal Outpatient Psychiatry (NCOP) School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient	3605 Vista Way Suite 258 Oceanside, CA 92056	(760) 758-1480	Autumn Gabin	North Coastal	Encinitas Union Oceanside Unified Vista Unified
North County Outpatient School Based Services (NCOSBS)	New Alternatives Inc. (NAI)	Outpatient	1529 Grand Avenue Suite A San Marcos, CA 92078	(760) 798-0299	Margarita Hernandez	North Inland	San Marcos Unified

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
North Inland Outpatient Psychiatry (NIOP) School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient	2125 Citracado Parkway Suite 200 Escondido, CA 92029	(760) 294-9270	Autumn Gabin	North Inland	San Marcos Unified
North Inland, North Coastal and Fallbrook School Based Services	Palomar Family Counseling Service Inc. (PFCS) / True Care	Outpatient	1002 East Grand Avenue Escondido, CA 92025 945 Vale Terrace Drive Vista, CA 92084 120 West Hawthorne Street Fallbrook, CA 92028	(760) 741-2660	Autumn Gabin	North Coastal North Inland	Escondido Union High Fallbrook Union High Fallbrook Union Elementary Oceanside Unified San Marcos Unified Vista Unified
Nueva Vista Youth and Family Services School Based Services	Community Research Foundation (CRF)	Outpatient SUD Counselor	1161 Bay Boulevard Suite B Chula Vista, CA 91911	(619) 585-7686	Saskya Caicedo	South	Chula Vista Elementary National School
San Ysidro Children's Outpatient Clinic	SBCS Corporation (SBCS)	Outpatient	114 West Hall Avenue San Ysidro, CA 92173	(619) 420-3620	Emily Gaines	South	San Ysidro
South Region School Based Services	SBCS Corporation (SBCS)	Outpatient	318 4th Avenue Chula Vista, CA 91910	(619) 420-3620	Emily Gaines	South	Chula Vista Elementary South Bay Union
Therapeutic Interventions Designed to Empower Students (TIDES) School Based Services	YMCA of San Diego County (YMCA)	Outpatient	4451 30 th Street San Diego, CA 92116	(619) 837-8076	Saskya Caicedo	Central	San Diego Unified

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
VIVA Counseling School Based Services	North County Lifeline, Inc. (NCL)	Outpatient	707 Oceanside Boulevard Oceanside, CA 92054 200 Michigan Avenue Vista, CA 92084	(760) 757-0118 (760) 726-4900	Autumn Gabin	North Coastal	Oceanside Unified Vista Unified

Outpatient - Teen Recovery Centers (TRC)

TRCs provide outpatient Substance Use Disorder (SUD) treatment, recovery and ancillary services to adolescents aged 12-17 years old in the community and at identified school-based locations. The full list of TRCs including satellite programs can be found at [Substance Use Outpatient Services](#) under Youth Services. Additionally, you may refer to the [School List](#) which can be accessed at [School-based Services/SchoolLink](#). For Mental Health School-Based services, see Outpatient Clinical Services section.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	District Served
Teen Recovery Center (TRC) - Central	Union of Pan Asian Communities (UPAC)	Outpatient School-Based SUD	3288 El Cajon Boulevard Suites 8 and 9 San Diego, CA 92104	(619) 521-5720	Terri Kang	Central	San Diego Unified
Teen Recovery Center (TRC) - East	McAlister Institute for Treatment and Education (MITE)	Outpatient School-Based SUD	550 Fesler Street Suites G-1 and G-2 El Cajon, CA 92020	(619) 588-5361	Terri Kang	East	Grossmont Union Mountain Empire Unified
Teen Recovery Center (TRC) - North Central	Mental Health Systems Inc. (MHS)	Outpatient School-Based SUD	4660 Viewridge Avenue Suite 100A San Diego, CA 92123	(760) 227-1354	Jamie Pellegrino	North Central	San Diego Unified
Teen Recovery Center (TRC) - North Coastal	North County Lifeline, Inc. (NCL)	Outpatient School-Based SUD	200 Michigan Avenue Vista, CA 92084	(760) 842-6280	Terri Kang	North Coastal	Oceanside Unified
Teen Recovery Center (TRC) - North Inland	Mental Health Systems Inc. (MHS)	Outpatient School-Based SUD	221 West Crest Street Suite 100 Escondido, CA 92025	(760) 744-3672	Terri Kang	North Inland	Escondido Union Fallbrook Union Poway Unified Ramona Unified
Teen Recovery Center (TRC) - South	McAlister Institute for Treatment and Education (MITE)	Outpatient School-Based SUD	371 E Street Chula Vista, CA 91910	(619) 691-1045	Terri Kang	South	Sweetwater Union

Outpatient - Specialty Programs

Services provided in clinic, community, and home-based settings with a specialized service and/or target population.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Accessible Depression and Anxiety Perinatal Treatment (ADAPT)	Vista Hill Foundation (VHF)	Outpatient	6070 Mission Gorge Road San Diego, CA 92120	(858) 530-3200	Claudia Rhinelanders	Countywide	Perinatal
Center for Child and Youth Psychiatry (CCYP)	Vista Hill Foundation (VHF)	Outpatient	8910 Clairemont Mesa Boulevard San Diego, CA 92123	(858) 571-1964	Autumn Gabin	Countywide	Medication Clinic
Child, Family Team (CFT) Meeting Facilitation	Fred Finch Youth Center (FFYC)	CFT Meetings	10174 Old Grove Road Suite 100 San Diego, CA 92131	(858) 682-3818	Bianca Hawkins (CFWB)	Countywide	Multi-system involved youth
ChildNET Children with Social and Emotional Difficulties (CSED)	Vista Hill Foundation (VHF)	Outpatient Preschool Based Incredible Years	425 West 5 th Avenue Escondido, CA 92025	(760) 258-4780	Autumn Gabin	North Coastal North Inland	Early Childhood (0-5 years)
Comprehensive Assessment and Stabilization Services (CASS)	New Alternatives Inc. (NAI)	Outpatient	3517 Camino del Rio South Suite 407 San Diego, CA 92108	(619) 955-8905	Lorie Chen	Countywide	Foster Youth

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Consumer Advocacy	National Alliance on Mental Illness (NAMI)	Advocacy	9665 Chesapeake Drive Suite 450 San Diego, CA 92123	(858) 634-6580	Fernando Valencia	Countywide	Advocacy
Dependency Drug Court SUD Coordination	North County Lifeline, Inc. (NCL)	Outpatient	200 Michigan Avenue Vista, CA 92084	(760) 842-6284	Emily Gaines	Countywide	CFWB and Court--involved caregivers
Developmental Evaluation Clinic (DEC)	Rady Children's Hospital of San Diego (Rady)	Outpatient Evaluation	3665 Kearny Villa Road Suite 405 San Diego, CA 92123	(858) 966-8100	Autumn Gabin	Central North Central East South North Inland North Coastal	Early Childhood Evaluations (0-5 years)
			333 H Street Suite 3010 Chula Vista, CA 91910	(858) 966-8008			
			3605 Vista Way, Building B, Suite 201 Oceanside, CA 92056	(760) 758-1620			
			11752 El Camino Real Suite 150 San Diego, CA 92130	(858) 793-9591			
Foster Family Agency Stabilization and Treatment (FFAST)	San Diego Center for Children (SDCC)	Outpatient Therapeutic Foster Care	2655 Camino Del Rio North Suite 450 San Diego, CA 92108	(858) 633-4115	Autumn Gabin	Countywide	Children/Youth in Foster Family Agencies
			17701 San Pasqual Valley Road Escondido, CA 92025				

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
I CARE	San Diego Youth Services (SDYS)	Outpatient Confidential Drop-In Center	Central San Diego	(619) 521-2250	Saskya Caicedo	Central	Commercial Sexual Exploitation of Children (CSEC)
Incredible Families	New Alternatives Inc. (NAI)	Outpatient	8765 Aero Drive Suite 221 San Diego, CA 92123	(619) 207-0396	Kelly Bordman	Countywide	CFWB-involved
			730 Medical Center Court Chula Vista, CA 91911				
			1020 South Santa Fe Avenue Suite D-1 Vista, CA 92084				
Intensive Outpatient Program (IOP)	San Diego Center for Children (SDCC)	Outpatient	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367	Lorie Chen	Countywide	Adolescent and TAY
KidSTART	Rady Children's Hospital of San Diego (Rady)	Outpatient	3665 Kearny Villa Road Suite 500 San Diego, CA 92123	(858) 576-1700	Autumn Gabin	Countywide	Early Childhood (0-5 years)
			2204 El Camino Real Suite 102 Oceanside, CA 92054	(760) 967-7082			
			333 H Street Suite 3010 Chula Vista, CA 91910	(619) 420-5611			

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Legal Aid – SSI Advocacy Services	Legal Aid Society of San Diego Inc.	Advocacy	1130 Tenth Avenue San Diego, CA 92101	(877) 534-2524 Extension 2639	Isabel Martinez (Self-Sufficiency)	Countywide	Advocacy
			690 Oxford Street Chula Vista, CA 91911				
			220 South First Street El Cajon, CA 92019				
			649 West Mission Avenue Escondido, CA 92025				
			3708 Ocean Ranch Boulevard Oceanside, CA 92056				
Multicultural Community Counseling	Union of Pan Asian Communities (UPAC)	Outpatient	3853 Rosecrans Street San Diego, CA 92110	(619) 578-2211	Saskya Caicedo	Countywide	API/Middle Eastern including Chaldean/ Latino
			8745 Aero Drive, Suite 330 San Diego, CA 92123				
			703 16 th Street, Suite 100 San Diego, CA 92101				
			7220 Trade Street, Suite 102 San Diego, CA 92121				
			3427 4th Avenue, 2nd Floor San Diego, CA 92103				
Olive Crest	Olive Crest	Outpatient	2220 Broadway San Diego, CA 92102	(619) 972-8983	Saskya Caicedo	Central South East North Inland North Coastal	Homeless and Runaway Youth aged 12 up to 21
Our Safe Place	San Diego Youth Services (SDYS)	Outpatient	746 Ada Street Chula Vista, CA 91911	(619) 628-2444			
			3845 Spring Drive Room 13 Spring Valley, CA 91977	(619) 525-9903			
			150 La Terraza Boulevard Escondido, CA 92025	(760) 908-9373			
			215 Barnes Street Oceanside, CA 92054	(760) 908-9647			

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Partial Hospitalization Program (PHP)	San Diego Center for Children (SDCC)	Outpatient	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367	Lorie Chen	Countywide	Children and adolescents up to age 21
Para Las Familias	Episcopal Community Services (ECS)	Outpatient	1424 30th Street Suite A San Diego, CA 92154	(619) 565-2650	Emily Gaines	Countywide	Early Childhood (0-5 years)
STEPS	Mental Health Systems Inc. (MHS)	Outpatient	1011 Camino Del Rio South Suite 300 San Diego, CA 92108 311 East Washington Boulevard Suites 103 and 104 Escondido, CA 92025	(858) 565-2510	Emily Gaines	Countywide	Problematic Sexual Behaviors
Survivors of Torture	Survivors of Torture International (SOTI)	Outpatient	P.O. Box 151240 San Diego, CA 92175	(619) 278-2400	Alfie Valdes	Countywide	Survivors of Torture
Therapeutic Behavioral Services (TBS)	New Alternatives Inc. (NAI)	Behavioral Coaching	8755 Aero Drive Suite 230 San Diego, CA 92123	(858) 256-2180	Emily Gaines	Countywide	Behavioral Coaching
High Fidelity Wraparound for Community Based Youth	New Alternatives Inc.	High Fidelity Wraparound	730 Medical Center Court, Chula Vista, CA 91911 241 East 3 rd Avenue Escondido, CA 92025	(858) 463-0606	Emily Gaines	Countywide	Non-system Involved or Community Clients
Wrapworks	San Diego Center for Children (SDCC)	Wraparound	3002 Armstrong Street San Diego, CA 92111 235 West 5 th Avenue Suite 130 Escondido, CA 92025 3322 Sweetwater Spring Boulevard Suite 104 and 106 Spring Valley, CA 91977	(858) 277-9550	Emily Gaines	Countywide	CFWB and Probation

Outpatient - Perinatal Programs

Include outpatient perinatal programs that serve women and adolescent females who are pregnant and parenting, women, and children and offer gender responsive substance use and co-occurring disorder treatment and other therapeutic interventions to address such issues as relationships, sexual and physical abuse, and parenting. Additional services at perinatal programs include parenting classes, childcare, and mental health services for children. The Perinatal Substance Use Disorder (SUD) Programs for Women can be found at [Substance Use Outpatient Services](#) under Perinatal Services.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
North Central Women's Recovery Center (NCWRC)	McAlister Institute (MITE)	Outpatient	8665 Gibbs Drive Suite 150 San Diego, CA 92123	(858) 384-6284	Terri Kang	North Central
North Coastal Women's Recovery Center (NCOWRC)	McAlister Institute (MITE)	Outpatient	3355 Mission Avenue Suite 239 Oceanside, CA 92058	(760) 462-5581	Terri Kang	North Coastal
North Inland Women and Adolescent Recovery Center (NIWARC)	McAlister Institute (MITE)	Outpatient	751 Rancheros Road Suite 4 and 5 San Marcos, CA 92069	(760) 761-0515	Terri Kang	North Inland
ParentCare Central	Vista Hill Foundation (VHF)	Outpatient	4125 Alpha Street San Diego, CA 92113	(619) 266-0166	Terri Kang	Central
ParentCare East	Vista Hill Foundation (VHF)	Outpatient	4990 Williams Avenue La Mesa, CA 91942	(619) 668-4200	Terri Kang	East
South Bay Women's Recovery Center (SBWRC)	McAlister Institute (MITE)	Outpatient	2414 Hoover Avenue Suite C National City, CA 91950	(619) 336-1226	Terri Kang	South

Juvenile Justice - Specialty Programs

The County Behavioral Health Services (BHS) Department, the Probation Department, the courts, and other justice partners coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the System of Care. Behavioral health services are available to youth who are in Probation detention facilities as well as to youth upon release from a juvenile facility to assist with their transition back to the community.

See the Teen Recovery Center (TRC) section, as well as the Residential section for mental health and substance use disorder programing.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
CFT Meeting Facilitation	Fred Finch Youth Center (FFYC)	CFT Meetings	10174 Old Grove Road Suite 100 San Diego, CA 92131	(858) 682-3818	Bianca Hawkins (CFWB)	Countywide
Family Urgent Response System (FURS)	New Alternatives Inc. (NAI)	State Hotline Local Mobile Response Placement stabilization	3589 4th Avenue San Diego, CA 92103	1-833-939-FURS State Hotline	Sara Nunes (CFWB)	Countywide
Next Move	County of San Diego – Live Well Health Center – North Coastal	Outpatient	1701 Mission Avenue Oceanside, CA 92058	(858) 351-6400	Fran Cooper	North Coastal, Oceanside
	County of San Diego – Live Well Center – Southeastern		5101 Market Street, Suite 2100 San Diego, CA 92114			South, Southeast San Diego
Wrapworks	San Diego Center for Children (SDCC)	Wraparound	3002 Armstrong Street San Diego, CA 92111	(858) 277-9550	Emily Gaines	Countywide
			235 West 5 th Avenue Suite 130 Escondido, CA 92025			
			3322 Sweetwater Spring Boulevard Suite 104 and 106 Spring Valley, CA 91977			

Early Intervention (EI) inclusive of SchoolLink - Skill Building

Regional county services that provide early intervention to children and youth in the community and in school settings. Services focus on addressing developmental social emotional needs as they emerge. These services also utilize a culturally appropriate Family Community Partnership (FCP) model utilizing parent-peer partners.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
COPES - Creating Opportunities in Preventing and Eliminating Suicide	San Diego County Superintendent of Schools	Mental Health Universal Screening	6401 Linda Vista Road Room 409 San Diego, CA 92111	(858) 298-2093	Edith Mohler	Countywide
Friday Night Live	San Diego County Superintendent of Schools	Student Leadership Development	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100	Danyte Mockus-Valenzuela	Countywide
Early Intervention Services for Native Americans	Southern Indian Health Council	Native American Early Intervention	4058 Willow Road Alpine, CA 91901	(619) 445-1188	Danyte Mockus-Valenzuela	South, East
Early Intervention Services for Native Americans	Indian Health Council, Inc.	Native American Early Intervention	50100 Golsh Road Valley Center, CA 92082	(760) 749-1410	Danyte Mockus-Valenzuela	North Inland
Early Intervention Services for Native Americans	San Diego American Indian Health Center	Native American Early Intervention	2630 1st Avenue San Diego, CA 92103	(619) 234-2158	Danyte Mockus-Valenzuela	Countywide
Project Alert	San Diego County Superintendent of Schools	School-Based Substance Use Prevention	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092	Danyte Mockus-Valenzuela	Countywide

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
School Based Incredible Years) - Central Southeastern	San Diego Unified School District (SDUSD)	Elementary School Support	4487 Oregon Street San Diego, CA 92116	(619) 362-4330	Kelly Bordman	Central
School Based Incredible Years - East	San Diego Youth Services (SDYS)	Elementary School Support	3845 Spring Drive Spring Valley, CA 91977	(619) 258-6877	Kelly Bordman	East
School Based Incredible Years – North Coastal	Palomar Family Counseling Service Inc. (PFCS) / True Care	Elementary School Support	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660	Kelly Bordman	North
School Based Incredible Years - South	SBCS Corporation (SBCS)	Elementary School Support	318 4th Avenue Chula Vista, CA 91910	(619) 420-3620	Kelly Bordman	South
School Based Incredible Years - North Inland	Vista Hill Foundation (VHF)	Elementary School Support	1029 North Broadway Escondido, CA 92026	(760) 489-4126	Kelly Bordman	North
School Based Incredible Years - Central and North Central	San Diego Unified School District (SDUSD)	Elementary School Support	4487 Oregon Street San Diego, CA 92116	(619) 362-4330	Kelly Bordman	Central
School Based Skill Building - East	Fred Finch Youth Center (FFYC)	Middle School Support	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090 Extension 1045	Donna Navarro	East
School Based Skill Building - North Inland/Poway	Vista Hill Foundation (VHF)	Middle School Support	1029 North Broadway Escondido, CA 92026 1012 Main Street Suite 101 Ramona, CA 92065	(760) 258-4780	Kelly Bordman	North Inland
School Based Skill Building - South	SBCS Corporation (SBCS)	Middle School Support	318 4th Avenue Chula Vista, CA 91910	(619) 952-6308	Kelly Bordman	South
School Based Skill Building - SDUSD	San Diego Unified School District (SDUSD)	Middle School Support	4487 Oregon Street San Diego, CA 92116	(619) 362-4330	Kelly Bordman	Central
School Based Skill Building –North Coastal	Palomar Family Counseling Service Inc. (PFCS) / True Care	Middle School Support	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660	Kelly Bordman	North

County Operated Programs

These include three programs with licensed clinical behavioral health teams.

Continuum of Care Reform (CCR)

The County CCR Team provides oversight and accountability of the BHS components of CCR in San Diego County and provide technical assistance to the system of care, including attendance at the Interagency Placement Committee (IPC) meetings, and other collaboration within the implementation of CCR across BHS, Child and Family Well-Being (CFWB), and Probation.

The Qualified Individual (QI) Assessment Process was initiated on October 1, 2021, and identified County clinicians as QI Assessors. The QI is required to conduct an assessment prior to CFWB or Probation Department placing a youth in an STRTP, to determine the child's behavioral health needs and goals and make determinations regarding whether the child's needs can be met with family members or in a family setting, and, if not, the most appropriate level of care, interventions, and treatment for the child. Through the QI process and in collaboration with the Child and Family Team (CFT), a guidance for STRTP or a home-based setting is made by assessing clinician.

Pathways to Well-Being (Pathways)

The County Pathways to Well-Being (PWB) Team provides ongoing technical assistance through on-site and virtual program outreach to BHS-contracted mental health treatment providers to ensure that youth who have more intensive needs and/or whose treatment require cross agency collaboration have an identified Child and Family Team (CFT) and receive Intensive Care Coordination (ICC), and if recommended and agreed upon by the CFT, Intensive Home-Based Services (IHBS). BHS, Child and Family Well-Being (CFWB), Probation, and family and youth partners have worked collaboratively to develop a shared vision to meet the Katie A. settlement requirements and expansion of services outlined in the California Medi-Cal Manual for ICC, IHBS, and Therapeutic Foster Care (TFC) Services for Medi-Cal members.

As of January 1, 2023, Medi-Cal Managed Care Plans (MCPs) utilize the Department of Health Care Services (DHCS) developed Transition of Care (TOC) tool for all Medi-Cal members requiring transition between service delivery systems. The TOC tool leverages existing clinical information to document an individual's mental health needs and facilitate a referral to the individual's MCP or county Behavioral Health Plan (BHP) network. Oversight of linkage to a BHS provider is facilitated by the County PWB Team and is essential to ensure that children and youth who experience a change in their service needs, or need services added to their existing behavioral health treatment have their services transitioned seamlessly from the MCP to the BHP network.

Medi-Cal Manual Third Edition (sdsu.edu): [Medi-Cal Manual Third Edition](#)

California Integrated Core Practice Model Guide: [The Integrated Core Practice Model](#)

[Continuum of Care Reform](#)

[Transition of Care Tool for Medi-Cal Mental Health Services](#)

[The Promise of Continuum of Care Reform \(CCR\)](#)

[BHIN-21-060-ACIN-21-113-FFPSA-QI-ACL](#)

[Qualified Individual Referral Form](#)

[QI Assessment Report](#)

[Model Care Coordination Plan](#)

Next Move

Next Move is a community-based outpatient program that provides behavioral health services to youth up to age 21 who have been involved with the justice system, inclusive of those transitioning out of juvenile detention facilities. This program also supports youth who are at risk of becoming involved with the justice system. Next Move is part of the Department of Health Care Services [Justice-Involved Initiative](#) Behavioral Health Links. The Next Move services are provided at the two locations listed below. Services via telehealth or video call can also be requested:

- For South, Southeast San Diego at the **Southeastern Live Well Center**
- For North Coastal, Oceanside at the **North Coastal Live Well Health Center**

Referrals to Next Move can be made by anyone, including Probation, the Court, schools, or caregivers. For more information, call Next Move at 1-858-351-6400.

To make a referral:

1. Call Next Move at 1-858-351-6400.
2. Complete the [referral form](#).
3. Fax the referral form to 1-619-399-3724 or securely email the referral form to BHS.NextMoveProgram.HHSA@sdcounty.ca.gov.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Continuum of Care Reform (CCR)	County of San Diego	Administration	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Cynthia Roman	Countywide	CFWB Probation
Next Move	County of San Diego – North Coastal Live Well Health Center	Outpatient	1701 Mission Avenue Oceanside, CA 92058	(858) 351-6400	Fran Cooper	North Coastal, Oceanside	Justice-Involved At-Risk Youth
	County of San Diego – Southeastern Live Well Center		5101 Market Street Suite 2100 San Diego, CA 92114			South, Southeast San Diego	
Pathways to Well-Being	County of San Diego	Administration	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Shaun Goff	Countywide	CFWB Probation

Child and Family Well-Being - Specialty Programs

Includes programs specializing in the treatment of youth involved in the Child and Family Well-Being system. The entire CYF network of services is available to CFWB youth, but these programs were designed with consideration of the complex needs of youth involved in CFWB, who may be placed in foster care, seeking reunification with biological family members, or a caregiver working towards case plan goals with a CFWB worker. These programs are also found in other corresponding sections. STRTPs see Residential - Mental Health section.

[Child and Family Well-Being \(sandiegocounty.gov\)](http://sandiegocounty.gov)

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
CFT Meeting Facilitation	Fred Finch Youth Center (FFYC)	CFT Meetings	10174 Old Grove Road Suite 100 San Diego, CA 92131	(858) 682-3818	Bianca Hawkins (CFWB)	Countywide
Comprehensive Assessment. and Stabilization Services (CASS)	New Alternatives Inc. (NAI)	Outpatient	3517 Camino del Rio South Suite 407 San Diego, CA 92108	(619) 955-8905	Lorie Chen	Countywide
Continuum of Care Reform (CCR)	County of San Diego	Administration	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Cynthia Roman	Countywide
Dependency Drug Court SUD Coordination	North County Lifeline, Inc. (NCL)	Outpatient	200 Michigan Avenue Vista, CA 92084	(760) 842-6284	Emily Gaines	Countywide
Development Eval Clinic (DEC)	Rady Children's Hospital of San Diego (Rady)	Outpatient Evaluation	3665 Kearny Villa Road Suite 405 San Diego, CA 92123 333 H Street Suite 3010 Chula Vista, CA 91910 3605 Vista Way, Building B, Suite 201 Oceanside, CA 92056 11752 El Camino Real Suite 150 San Diego, CA 92130	(858) 966-8100 (858) 966-8008 (760) 758-1620 (858) 793-9591	Autumn Gabin	Central
Family Connection Hub	Social Advocates for Youth, San Diego, Inc.	Prevention and Support Services	4775 Viewridge Avenue San Diego, CA, 92123	(858) 394-6595	Sara Nunes (CFWB)	Countywide

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
Family Urgent Response System (FURS)	New Alternatives Inc. (NAI)	State Hotline Local Mobile Response Placement stabilization	3589 4th Avenue San Diego, CA 92103	1-833-939-FURS State Hotline	Sara Nunes (CFWB)	Countywide
Foster Family Agency Stabilization and Treatment (FFAST)	San Diego Center for Children (SDCC)	Outpatient Therapeutic Foster Care	2655 Camino Del Rio North Suite 450 San Diego, CA 92108	(858) 633-4115	Autumn Gabin	Countywide
			17701 San Pasqual Valley Road Escondido, CA 92025			
Incredible Families	New Alternatives Inc. (NAI)	Outpatient	8765 Aero Drive Suite 221 San Diego, CA 92123	(619) 207-0396	Kelly Bordman	Countywide
			730 Medical Center Court Chula Vista, CA 91911 1020 South Santa Fe Avenue Suite D-1 Vista, CA 92084			
Pathways to Well-Being	County of San Diego	Administration	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Shaun Goff	Countywide
Polinsky Children’s Center (PCC) Outpatient Services	New Alternatives Inc. (NAI)	Outpatient	9400 Ruffin Court San Diego, CA 92123	(858) 598-5035	Lorie Chen	Countywide
Wrapworks	San Diego Center for Children (SDCC)	Wraparound	3002 Armstrong Street San Diego, CA 92111	(858) 277-9550	Emily Gaines	Countywide
			235 West 5th Avenue Suite 130 Escondido, CA 92025			
			3322 Sweetwater Spring Boulevard, Suite 104 and 106 Spring Valley, CA 91977			

Early Childhood Programs (0-5 years)

The first 5 years of life are crucial to healthy growth and development. The County of San Diego and communities across San Diego work collaboratively to offer early childhood programming throughout the region. The importance of early childhood programs lies in their ability to address critical developmental needs, provide high quality care and education, and offer comprehensive support for young children and families. These programs lay a solid foundation for children's success in school and life. Additionally, early childhood programs play a vital role in early detection of developmental delays or learning challenges, enabling timely interventions and support to maximize each child's potential.

The following links offer additional resources for early childhood development:

[First 5 San Diego's Healthy Development Services](#)

[Center on the Developing Child - Harvard University](#)

[Maternal, Child and Family Health Services](#)

[The Importance of Touch](#)

[CDC Child Development Basics](#)

[CDC Act Early](#)

[Mi Escuelita Therapeutic Preschool](#)

[SDRC | San Diego Regional Center](#), [Resources | San Diego Regional Center \(sdr.org\)](#) and Early Start information at [Services | San Diego Regional Center \(sdr.org\)](#)

The following programs are contracted through the County of San Diego and managed through either Behavioral Health Services or the Child and Family Well-Being Department (CFWB) which encompasses First 5 San Diego (F5). This directory pulls forward key County funded programs, offering additional links for specific local programming.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
Accessible Depression and Anxiety Peripartum Treatment (ADAPT)	Vista Hill Foundation ADAPT – Vista Hill	Outpatient	6070 Mission Gorge Road San Diego, CA 92120	(858) 530-3200	Valerie Ramirez-Sicairos	Countywide
ChildNET Children with Social and Emotional Difficulties (CSED)	Vista Hill Foundation	Outpatient Preschool Based Incredible Years	425 West 5th Avenue Escondido, CA 92025	(760) 258-4780	Autumn Gabin	North Coastal North Inland

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
Developmental Evaluation Clinic (DEC)	Rady Children's Hospital of San Diego (Rady) Developmental Evaluation Clinic (DEC) Rady Children's Hospital (rchsd.org)	Outpatient Evaluation	3665 Kearny Villa Road Suite 405 San Diego, CA 92123	(858) 966-8100	Autumn Gabin	Central North Central East South North Inland North Coastal
			333 H Street Suite 3010 Chula Vista, CA 91910	(858) 966-8008		
			3605 Vista Way, Building B Oceanside, CA 92056	(760) 758-1620		
			11752 El Camino Real Suite 150 San Diego, CA 92130	(858) 793-9591		
Developmental Screening and Enhancement Program (DSEP)	Rady Children's Hospital of San Diego (Rady) DSEP Rady Children's Hospital (rchsd.org)	Outpatient Evaluation	3665 Kearny Villa Road San Diego, CA 92123	(858) 966-1700	Irma Bustos (CFWB)	Countywide

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
Healthy Development Services (HDS) (first5sandiego.org)	Family Health Centers of SD Healthy Development Services - Central (fhcsd.org)	Outpatient	2044 1 st Avenue San Diego, CA 92101	(619) 515-2406	Aaron Menz (F5)	Central.
	Family Health Centers of SD Healthy Development Services - East (fhcsd.org)		1234 Broadway El Cajon, CA 92021	(619) 515-2463	Aaron Menz (F5)	East
	Rady Children's Hospital of San Diego (Rady) RCHSD – North Coastal		3605 Vista Way Suite 201 Oceanside, CA 92056	(858) 966-8235	Aaron Menz (F5)	North Coastal
	Rady Children's Hospital of San Diego (Rady) RCHSD - North Central		3665 Kearny Villa Road Suite 420 San Diego, CA 92123	(858) 966-7510	Aaron Menz (F5)	North Central
	SBCS Corporation (SBCS) SBCS (sbcssandiego.org)		318 4th Avenue Chula Vista, CA 91910	(619) 495-8248	Alicia Castro (F5)	South
	Palomar Health Palomar Health - North Inland (palomarhealth.org)		1320 West Valley Parkway Suite 301 Escondido, CA 92029	(877) 504-2299	Alicia Castro (F5)	North Inland
KidSTART Clinic	Rady Children's Hospital of San Diego (Rady) KidSTART Rady Children's Hospital (rchsd.org)	Outpatient Behavioral Health	3665 Kearny Villa Road Suite 500 San Diego, CA 92123	(858) 576-1700	Autumn Gabin	Countywide
			2204 El Camino Real Suite 102 Oceanside, CA 92054	(760) 967-7082		
			333 H Street Suite 3010 Chula Vista, CA 91910	(619) 420-5611		

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
Para Las Familias	Episcopal Community Services (ECS) Para Las Familias — ECS (ecscalifornia.org)	Outpatient	1424 30 th Street Suite A San Diego, CA 92154	(619) 565-2650	Emily Gaines	Countywide
School Based Incredible Years (primarily ages 4-8)	San Diego Unified School District (SDUSD) MHRC Programs - (sandiegounified.org)	Elementary School Support	4487 Oregon Street San Diego, CA 92116	(619) 362-4330		Central Southeast
	San Diego Youth Services (SDYS) SDYS (sdyouthservices.org)		3845 Spring Drive Spring Valley, CA 91977	(619) 258-6877 Extension 3253		East
	Palomar Family Counseling Service Inc. (PFCS) / True Care PEI - PFCS SBCS Corporation (SBCS) Children's Mental Health - SBCS (sbcssandiego.org)		1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660	Kelly Bordman	North Coastal
	Vista Hill Foundation (VHF) PandS for Children – Vista Hill		318 4th Avenue Chula Vista, CA 91910	(619) 420-3620		South
			1029 North Broadway Escondido, CA 92026	(760) 489-4126		North Inland
	San Diego Unified School District (SDUSD) 3) MHRC Programs - (sandiegounified.org)		4487 Oregon Street San Diego, CA 92116	(619) 362-4330		Central and North Central

Fee For Service (FFS)

The County of San Diego FFS Network is a group of providers licensed independently to provide mental health treatment services in private practice settings to Medi-Cal beneficiaries. Optum Public Sector San Diego is the Administrative Services Organization that manages the FFS Network. The [Fee for Service Provider Directory](#) lists available providers and services offered by the County of San Diego through the FFS Network.

Treatment and Evaluation Resource Management (TERM)

Treatment and Evaluation Resource Management (TERM) is a mental health program under the direction of the County of San Diego Board of Supervisors and is operated by Optum Public Sector San Diego through a contract with County of San Diego Behavioral Health Services Department serving Child and Family Well-Being or Probation clients and youth involved in the juvenile justice system with a commitment to improving outcomes for these clients.

The purpose of the program is to provide independent oversight of mental health services for children in the dependency and delinquency systems; with the mission of providing flexible services that are designed to meet and build upon the unique needs, strengths and potential of each youth and family.

Parents and guardians receiving services through TERM are provided with:

- Behavioral Health Assessments
- Individual Therapy, Group Therapy, and/or Family Therapy
- Psychological/Psychiatric Evaluations as deemed appropriate to address their individual needs, to facilitate a whole family approach to health and wellness.

Optum is responsible for developing, maintaining and contracting a network of TERM providers. Providers offer an array of services in each region and strengthen family and youth connections to neighborhood and local community resources.

[Click Here for Optum's website for TERM Providers](#)